



Domestic Abuse Coaches/Trainers/Session Workers

Session work salary: negotiable

Session work means the individual is self-employed and manages their own tax and insurance. As part of the ISN team they would have to comply with ISN protocol

Benefits: Various, flexible working hour.

We are looking for an enthusiastic, empathetic person to deliver 121 and group trauma informed coaching to women who have experienced domestic abuse. This important role will involve supporting them in refuges, temporary accommodation and new housing placement. We are looking for coaches who can engage with young people as well as adults to deliver sessions.

ISN offers you a dynamic, empowering environment that offers a balance of challenge and support to enable you to maximise your knowledge and skills in supporting this vulnerable group of women and girls

This post is subject to an Enhanced Disclosure and Barring Service check.

ISN is committed to being an inclusive employer and welcomes applications from all sections of the community. We guarantee to interview all disabled applicants who meet the minimum criteria for the advertised role.

HOW TO APPLY

Please send your CV and an expression of interest that outlines how you meet the requirements of the role reflecting most relevant aspects of your background and experience in relation to the job description and person specification to admin@innerstrengthnetwork.com

If you have any queries, please contact 07903 737780

*Full job description on our website: www.innerstrengthnetwork.com

Closing date for applications: Friday 12 April 2026

Interview Date: Week Commencing 4 May 2026, provisional 7 May.

We reserve the right to close this vacancy early if we receive sufficient applications for the role.

Specialist Domestic Abuse Coach (Associate / Sessional)

Organisation: Inner Strength Network (ISN)

Job Title: Specialist Domestic Abuse Coach

Location: Merton



Contract Type: Associate / Session-based (with potential for ongoing work)

Reports to: CEO

DBS Required: Enhanced DBS Inner Strength Network (ISN) is growing, and we are recruiting Specialist Domestic Abuse Coaches on an ongoing basis to join our trusted associate network.

About ISN

We support women and girls and their families to rebuild their lives, build self-esteem, build confidence and excel in their lives after difficult circumstances which includes domestic abuse.

The Job Role:

You will provide 1:1 trauma-informed coaching to women and girls who have experienced domestic abuse, might need confidence building. These sessions may take place either online, at ISN offices or in a local refuge. The coach must be prepared to be flexible in accordance with the needs of client and ISN.

Your work will include helping women and girls:

- Understand abuse and its impact
- Tips on how not to go back to the abused situation.
- Rebuild confidence, resilience, and self-worth
- Develop life skills and independence
- Break cycles of harm and reclaim safety and aspiration

You will also have the opportunity to work alongside statutory and voluntary partners, advocate for survivors, and contribute to safeguarding and outcome reporting.

What You'll Do

- Deliver 1:1 coaching to women or girls or group coaching
- Support women and girls during crisis and resettlement
- Create personalised development plans
- Maintain accurate case notes and data
- Uphold safeguarding, confidentiality, and ethical practice

What We're Looking For

Essential

- Level 5 Coaching Qualification (or above) or equivalent experience
- Direct experience coaching women or girls affected by domestic abuse
- Strong understanding of trauma, safeguarding, and risk
- Enhanced DBS (or ability to obtain immediately)
- Personal liability insurance
- Excellent communication skills and emotional intelligence
- Ability to work independently and within multi-agency teams

Desirable

- Experience in refuges, housing, or community settings
- To be able to detach and manage your wellbeing



- Case conference experience
- Professional coaching membership
- Knowledge of multi-agency safeguarding
- Lived experience (with appropriate boundaries)

What We Offer

- Paid, meaningful sessional work
- Induction, specialist training, and supervision
- Ongoing opportunities as ISN expands
- A supportive, values-led organisation
- The chance to be part of a growing network of specialist coaches

Recruitment – Rolling Applications

This role is open for ongoing recruitment. Applications are reviewed as they are received, and interviews may take place before any closing date. We reserve the right to close early once sufficient associates are appointed. All roles are subject to references, enhanced DBS, and safeguarding checks.